

Overcoming Jogether 2021 ANNUAL REPORT

On the cover: Alex, Debora,
 Eileen, and Sera, smile on the
 Ontario front porch.
 Photo By Ryan Donnell

Right: Francene, Lauren, and Mary enjoy being together in the Highland House backyard. Photo By Ryan Donnell

DEAR FRIENDS,

As I write this, we are approaching the second anniversary of the beginning of the COVID-19 shutdown. Two years of masks, distancing, staying safely at home, advocating for vaccines, quarantining, and regular testing. Two years of "unprecedented times."

The second year was in some ways harder than the first - as places opened up around us, we had to keep following restrictions. People with disabilities are particularly vulnerable to COVID-19 and the government safety policies for disability service providers like ours are especially stringent. We've also faced increased staffing needs in the midst of a nationwide workforce shortage. We endured loss, including the loss of our brother Andrew.

This year has also been a time of gratitude and accomplishment. We produced the "My Voice" film on inclusive medical care for people with intellectual disabilities. We led a discussion series on race, advocacy, and storytelling. Our Diversity Commission led us in hosting affinity listening groups. We spoke to over a thousand people about our mission and model. We kept each other safe. And we did all of this together.

All of this would not be possible without the support of our many friends over the past year, and we are incredibly grateful! It was wonderful to see friends from all over the world at our virtual Heart of L'Arche fundraiser and witness your generosity in a tangible way.

Thank you for helping us overcome together. We couldn't do it alone, and we wouldn't want to.

gamos

🕵 Carolyn Rumer, Esq, Board President



In early 2021, we celebrated getting vaccinated! After many months of advocacy, core members were prioritized to receive the vaccine.

We returned to being able to meet in groups, mostly outside, wearing our masks and keeping ourselves warm with heaters and fire pits in the wintertime. Many core members were also excited to return to day programs and jobs. We went on house vacations which was extra special for Joseph, who saw the ocean for the first time! Community members filled their time with local outings, movie nights, and reading – Bruce read most of the Harry Potter books!

Even though we were vaccinated, 2021 was a challenging year. As people around us began to return to a more open life, we still needed to keep ourselves safe by following COVID regulations for group homes. Core members aging, more time at home, and the impacts of COVID mean that we've hired more assistants to provide the best community and care for core members. Rising to meet this need has been difficult, as caregivers are in short supply and workforce challenges rise across the country.



We continue to miss our brother Andrew who passed away in April 2021. We'll never forget the light and laughter he brought to us all.

April 25, 1978 – April 13, 2021



Clockwise from top left:

Debora on house vacation at the beach. We use special beach chairs for mobility.

A.

Joseph and Eileen enjoy the ocean!

Hazel and her fellow community members received their first vaccine shots in January 2021!

Bruce, Francene, Charles, and Laurie spent a lot of time watching trains at the local train station.



l'm a human being,

Clockwise from top left: Michael blesses us with

his knowledge of both L'Arche history and history

Our My Voice series,

disabilities, has been shown to medical students

around the country. All community members

have a voice in making

decisions for their house and sharing their gifts. Laurie and Bruce make dinner for their home! *Credit: Ryan Donnell.* We hosted our first Diving Deeper series! Our second event was on the intersection of race and disability led by Dr. Georgette Ledgister.

in general. Alex reads one

of his latest history books! Credit: Ryan Donnell

and I want to be treated like one, not like a 5-year-old boy. My voice is important to make sure other people hear.??

Amplifying the Voices of People with Intellectual Disabilities In the Medical System





Education and advocacy

An important aspect of our mission is building a more inclusive society, and this past year our outreach only grew! We spoke to over a thousand people and shared materials with countless others. Community members wrote and produced a film on how medical spaces can be more accessible to people with intellectual disabilities. The film, called *My Voice: Amplifying the Voices of People with Intellectual Disabilities in the Medical System*, has now been shared with medical students and professionals around the country, including via many presentations led by core members!

We also hosted three virtual Diving Deeper events, discussion events on issues that impact our community. We talked about storytelling, the intersection of race and disability, and the ways we advocate. Our Inclusion Party Team, which exists to teach people about inclusion and help us be led by core members, held their annual Inclusion Trainings for our staff and collaborated with L'Arche USA on a national presentation.

The pivot to virtual spaces only allowed our outreach to grow, as we spoke to hundreds of people about our mission, our model, and how we can all make the world more inclusive!

Mission of Iransformation

In L'Arche, mutual transformation is a way of life, as we grow together and support each other! It was wonderful this past year to welcome summer volunteers back into our community and see the ways we transformed each other. Having their energy and presence is a huge help to us! We were also grateful to the many people throughout the year who brought us meals.

We're now in the process of crafting a new charter, a document shared by the entire International Federation of L'Arche that lays out what we believe and what unites us. This is a long process of allowing all members of L'Arche around the world to share their stories in different and creative ways! Through connection and reflection, together we're thinking about what life at L'Arche means to all of us.

Throughout the year we were able to attend learning series hosted by L'Arche USA, including the New Leader Learning series and the Inclusive Leadership series. Our Diversity Commission led us in hosting Affinity Listening Groups with a space for "Remembering Summer 2020" in May 2021. They also put out, for the 3rd time, our Demographics and Cultural Competency Survey as we continue to change and learn!

Prayer nights continued monthly, as did other spaces of faith formation. Even in difficult years, we are growing as people, as friends, and as a community.

Top left-right:

REM

Hart

Our charter process team doing the work of creating our first draft charter. Photo provided by the charter process team.

Hazel washes Liddy's feet during a Lenten foot washing ceremony.

Bottom left-right:

Fritz and friends built a new greenhouse in the backyard of Highland House! Before...

...and after! Credit: Ryan Donnell Clockwise from top left:

Euclid House created a group Halloween costume based on their shared love of Uno! 8

Johnny enjoys writing outside on the Ontario porch.

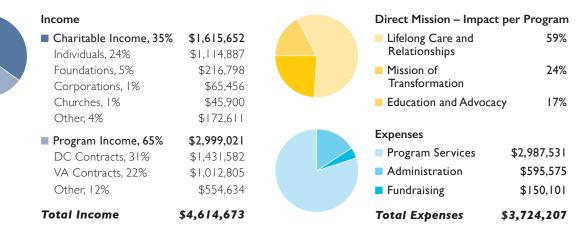
One of the summer volunteers helped 6th Street House set up a new flower bed.

Ontario and Euclid House get silly on house vacation!

FINANCIAL STATEMENTS

Your generous gifts supplement government contracts, making a holistic, high-quality life possible for L'Arche core members. Thank you for partnering with us to provide the compassionate care and transformational relationships that are lived out everyday at L'Arche. Without your partnership the work of L'Arche would not be possible. Here's how the investment you made through L'Arche was used to further our mission in 2021.

L'Arche GWDC's Fiscal Year 2021





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The Heart of L'Arche Society was created in 2009 to build a sustainable foundation for L'Arche's financial future. Donors pledge \$1,000 or more per year for three years, allowing L'Arche to plan ahead. Thank you to our Heart of L'Arche Society Members!

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Clockwise from top left:

Kelly laughs as she spent time out in nature.

Francene and Alice won a prize at the county fair last summer!

Eric on his first day back to work in May after COVID had shut down his work place for many months!

One of our nurses, Veronica, takes a swab for COVID testing. We do regular COVID testing for all community members. *Credit: Ryan* Donnell.

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IDENTITY STATEMENT

We are people with and without intellectual disabilities, sharing life in communities belonging to an International Federation. Mutual relationships and trust in God are at the heart of our journey together. We celebrate the unique value of every person and recognize our need of one another.

OUR MISSION IS TO

Make known the gifts of people with intellectual disabilities, revealed through mutually transforming relationships. Foster an environment in community that responds to the changing needs of our members, while being faithful to the core values of our founding story. Engage in our diverse cultures, working together toward a more human society.

STAY INVOLVED! Head to **www.larche-gwdc.org** to sign up for our monthly e-newletter, read recent blogs, and attend virtual events!



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