

#### **Community News and Events**

## **Giving and Receiving at L'Arche**

Everyone has a different L'Arche story. For Vince and Tamarah (Tam) Bush, they felt drawn to be assistants at L'Arche GWDC for different reasons but they found themselves impacted in similar ways – learning to be present, accept themselves and others, and thrive in mutual relationships.

Vince grew up with a reading disability and "coming to a place where other people have a disability" made him feel "an underlying connection with core members" which was helpful to him. L'Arche helped show him the value of difference and that all people are welcome "regardless of their color and their disability." Tam explained how L'Arche helped her recognize the beauty of supporting each other and learn "that we all have something to offer, and we also all really need each other."

Read More about how L'Arche changed their lives!





#### **Race for Inclusion**



Community members took part in the **The Arc of Northern Virginia's** annual team distance walk fundraiser last week! Eileen and Laura cheer after finishing their walk!



We love to get outside, get moving, and support our friends at the Arc. 6th Street poses together for their walk!



Highland House enjoys walking together!

#### We're Hiring!

We're accepting applications for the role of Home Life Leader for our 6th Street Home in Arlington, Virginia! Come lead a group of household members through coordinating household activities, creating and maintaining the structures and traditions of home, and ultimately building a loving, trusting home life at the heart of our community.



See the job description and apply

#### Ways to Support L'Arche GWDC

**Become a monthly donor**. For as little as \$10 a month, you can set up monthly giving to our community! Your gift will help us provide high quality support and build inclusive community day in and day out.

You can also support L'Arche GWDC in<u>workplace giving programs</u> like the Combined Federal Campaign and the United Way!

## **Disability Rights News**

A local radio show, The Kojo Nnamdi Show, interviewed disability rights activists about the disability rights movement and the new documentary *Crip Camp*. Listen to or read the whole interview at the link!

From the interview: "I think we have to stop looking at disabled people in kind of a whitewashed way. We are wanting to live our lives like everyone else, but it's not just the physical

barriers that exist. It's ableist views that people have been brought up with." - Judy Heumann

Disability rights leader

Listen to the interview here

#### L'Arche Slice of Life





Debora celebrated a birthday and Johnny is representing his neighborhood in his Adams Morgan t-shirt





Hazel went for a hike and Kelly attended a socially distant art class!





Ontario House celebrated National Hat Day in style!

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